

Instructions for Patients Receiving a Bone Densitometry Scan

Do not take any solid pill containing calcium for up to 24 hours prior to the study. Also there should be no IV contrast, barium studies or nuclear medicine studies done in the 3 weeks prior to the scan.

It is also useful to wear clothes that you will not need to remove for the scan. This means that you should not wear any top that has buttons or zippers. Also do not wear pants that have metal rivets or buttons on the back. Pants that have zippers located on the back or side will need to be removed. Zippers on the front of pants are fine. You will also be required to remove your bra if it has any underwire (or plastic) in it.

Please arrive at least fifteen minutes earlier than your scheduled time to fill out a questionnaire that helps us know about your bone health.